

PARENTS & CAREGIVERS

**DO YOU NEED SUPPORT TAKING
CARE OF YOUR LITTLE ONES
DURING THE COVID-19 PANDEMIC?**

TIKES Early Childhood Mental Health Consultation is providing FREE tele-mental health consultation for parents and caregivers in Louisiana.

Talk with a consultant and seek support on behavioral & socio-emotional concerns, supporting children during the pandemic, stress & coping, self-care, & other concerns as needed.

For more information &
To request a call or a video chat at
<https://medicine.tulane.edu/departments/clinical-sciences/psychiatry/research/tikes>