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**LIVE BETTER. LIVE UNITED.**  
*at* **UWA EARLY HEAD START**

## LEARNING AT HOME

United Way of Acadiana Early Head Start believes that early childhood education is key to success in school and in life. Our partnership with families is the foundation for Early Head Start and during this critical time, parent-child interactions will be the cornerstone of learning at home. The coronavirus has impacted our education system and has altered our ability to educate in a traditional way. But, we believe the learning can continue. EHS has created an educational plan that provides parents with simple, yet effective ways to teach their child at home. We encourage you to do these activities with your child, dedicate time to learning and we want you to make it FUN!

**MONDAY**

### TOUCH AND NAME WITH BOOKS

Name any picture your child touches in a book.

Talking about the things your child touches helps him learn the names of things he finds interesting



**TUESDAY**

### NESTING OBJECTS

- Offer your child various household containers in graduated sizes such as juice cans, measuring cups, or plastic storage dishes. Set them in front of her, and then step back and watch her explore them. She may roll, bang, or hide them.
- Give positive feedback when she nests two or more objects. Look! You put one cup inside the other.
- Ask her questions about a set of cups by holding the largest one and asking her which one goes in next. Do not correct her if she chooses the wrong cup. Let her experiment with the different sizes.
- Use words to describe the various containers. That cup is big and this one is small. The small cup is green. The big cup is red.

**WEDNESDAY**

### **PACK A PICNIC**

- Invite your child to join you on a picnic.
- Suggest that he first pack a lunch to take with him.
- Go with him to the kitchen and point out available items for packing.
- Talk about where he will be eating, such as in the backyard or at the park, and what foods might be convenient to eat there. Lay out the food items as you talk, along with several sandwich bags for him to use.
- Help him remember where to find his lunchbox or a paper bag. Stay in the kitchen while he works, but help only if asked. I'll be here in the kitchen for a few minutes. Let me know if you need some help.

**THURSDAY**

Click on the link and watch this fun interactive video with your child about A Thing or Two about Mixing from Cat and the Hat <https://www.pbslearningmedia.org/resource/a-thing-or-2-about-mixing/the-cat-in-the-hat-knows-a-lot-about-that/>

**FRIDAY**

### **TOILET PAPER ROLL BINOCULARS**

1. Glue the Paper. Sort out large pieces of construction papers that are a similar size to
2. Decorate the Binoculars. I have some bits of yellow constructions paper which are partly torn
3. Clip the Rolls Together. Apply a strip of white glue on one side of the toilet paper roll

