



United Way of Acadiana

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LIVE BETTER. LIVE UNITED.
at **UWA EARLY HEAD START**

LEARNING AT HOME

United Way of Acadiana Early Head Start believes that early childhood education is key to success in school and in life. Our partnership with families is the foundation for Early Head Start and during this critical time, parent-child interactions will be the cornerstone of learning at home. The coronavirus has impacted our education system and has altered our ability to educate in a traditional way. But, we believe the learning can continue. EHS has created an educational plan that provides parents with simple, yet effective ways to teach their child at home. We encourage you to do these activities with your child, dedicate time to learning and we want you to make it FUN!

<p>MONDAY</p>	<p>LITERACY</p> <p>When and How to Read</p> <p>Try to read every day, perhaps before naptime and bedtime. Reading before bed gives you and your baby a chance to cuddle and connect. It also sets a routine that will help calm your baby. It is also good to read at other points in the day. Choose times when your baby is dry, fed, and alert. Books also come in handy when you're stuck waiting, so have some in the diaper bag to fill time sitting at the doctor's office or standing in line at the grocery store.</p>
<p>TUESDAY</p>	<p>MATCHING SHAPES AND SIZES</p> <p>Offer your toddler three objects of the same size and color. Two of them should be the same shape, such as two yellow balls and a yellow block. Talk about each object she picks up. That is a smooth, round ball. It's yellow. Point out the two similar objects.</p> <p>Pick up one of the two similar objects and hold it up for her to see. Ask her to find the other one. Can you find one like this? When she finds it, hold your hand next to her, so that she can see the objects together.</p>
<p>WEDNESDAY</p>	<p>GO ON A BEAR HUNT OR PARTICIPATE IN ONE</p> <p>Neighbors are encouraged to place teddy bears in street-facing windows so children can hunt them out on walks and bicycle rides through their neighborhoods. This may offer an enjoyable diversion during this difficult time, as parents and kids head outside to get some exercise together. Be sure to observe the bears from the street or sidewalk, always keeping social distancing in mind.</p>

THURSDAY

WHISKING BUBBLES

So, what do you need for 2 hours of soapy fun??

- -1 Big container
- -Whisks
- -Dish Soap

Let your little ones mix the soap in a large bucket, fill with water and let them have some soapy fun!!



FRIDAY

BALANCING SKILLS

Recite the rhyme and demonstrate the movements. Invite toddlers and 2-year olds to follow along.

Mary, Mary, quite contrary, [March forward a few steps.] How does your garden grow? [Stand on one foot and put your arms in the air to resemble a flower.]