



802 S. Valerie Street | Abbeville, Louisiana 70510  
 337.385.2565 | fax 337.385.2904  
 1515 Jefferson Street | Lafayette, Louisiana 70501  
 337.534.0683 | fax 337.534.8004  
 UnitedWayofAcadiana.org/EarlyHeadStart  
 @UWAEarlyHeadStart

**LIVE BETTER. LIVE UNITED.**  
*at* **UWA EARLY HEAD START**

## LEARNING AT HOME

United Way of Acadiana Early Head Start believes that early childhood education is key to success in school and in life. Our partnership with families is the foundation for Early Head Start and during this critical time, parent-child interactions will be the cornerstone of learning at home. The coronavirus has impacting our education system and has altered our ability to educate in a traditional way. But, we believe the learning can continue. EHS has created an educational plan that provides parents with simple, yet effective ways to teach their child at home. We encourage you to do these activities with your child, dedicate time to learning and we want you to make it FUN!

<p><b>MONDAY</b></p>	<p><b>LITERACY</b></p> <p>Enjoy story time! Reading is a great time to interact with children. As you read together, make funny sounds or sing songs that go along with the story. Adjust your interactions to match children’s age, ability, and interests. This is how children learn best.</p>
<p><b>TUESDAY</b></p>	<p><b>FINE MOTOR SKILL BUILDING</b></p> <p>Talk about what your child is doing when you notice him tracing his finger over a flat surface. You are making a wiggly line. Trace your finger beside his line and tell him you are making a wiggly line like his.</p> <p>Look for interesting places around the house to practice making lines. Trace lines with your child on a steamy window or mirror. Talk about what he makes. That is a straight line. That line is curved.</p> <p>Show him how to spread his fingers apart and make a series of lines or make a fist and create a wide stroke. When playing outside, show him how to use a stick to draw in the sandbox, dirt, or mud.</p>
<p><b>WEDNESDAY</b></p>	<p><b>READY ROSIE</b></p> <p>Click on the link to join an interactive reading library for you and your child Ready Rosie provides families with meaningful content.</p> <p><a href="https://readyrosie.com/learn-more/">https://readyrosie.com/learn-more/</a></p>

**THURSDAY**

## **FREEZE DANCE**

Playing games that help your child practice self-control will make it easier to listen, pay attention, and be successful in school! Turn on some music and have everyone start dancing! Whenever the music is paused, everyone freezes in place. Challenge one another to freeze in a specific position like standing on one leg, making a silly face with hands in the air, or looking like a tree.



**FRIDAY**

## **SWIMMING WITH THE FISH**

To make your own school of bright and beautiful fish, simply gather up some colorful party plates or use white plates and have your child decorate the and get to work on giving them their own personalities.

