



802 S. Valerie Street | Abbeville, Louisiana 70510  
337.385.2565 | fax 337.385.2904  
1515 Jefferson Street | Lafayette, Louisiana 70501  
337.534.0683 | fax 337.534.8004  
UnitedWayofAcadiana.org/EarlyHeadStart  
@UWAEarlyHeadStart

**LIVE BETTER. LIVE UNITED.**  
*at* **UWA EARLY HEAD START**

## LEARNING AT HOME

United Way of Acadiana Early Head Start believes that early childhood education is key to success in school and in life. Our partnership with families is the foundation for Early Head Start and during this critical time, parent-child interactions will be the cornerstone of learning at home. The coronavirus has impacted our education system and has altered our ability to educate in a traditional way. But, we believe the learning can continue. EHS has created an educational plan that provides parents with simple, yet effective ways to teach their child at home. We encourage you to do these activities with your child, dedicate time to learning and we want you to make it FUN!

### MONDAY

#### READING AND MOVING

- Recite the poem. We are the clouds, floating by. We are the sun, high in the sky. We are the birds, flying around. We are the trees, strong in the ground. 2. Invite the children to move with you as you say the poem, acting out the words.
- Support infants in your lap as you gently move their bodies to the words.
- Have older toddlers and preschoolers move to the beat of the song and do motions to the song



### TUESDAY

#### PAPER FACES

- Cut out a large paper circle and a variety of smaller circles or other shapes, and give them to your child.
- Point to the big circle and say: Let's make a face together. What will it need to see with? You can suggest some shapes if she needs help.
- Ask what the face needs to eat with. Let her think about what is needed before telling her.
- Offer your child a mirror so she can review the parts of her face. Point out that her eyes are above her mouth and the nose is in the middle.

**WEDNESDAY**

## **CAUSE AND EFFECT**

- Observe your child's curiosity about events in his day. Almost any daily occurrence can be used for this game.
- A few examples are water freezing, a broken toy, and leaves falling from the trees.
- Guide him in wondering about cause and effect. Start by saying: We're going to do some detective work to find out what caused that! Ask questions that help him recount what just happened. Now let's see. You were painting with two jars of color. What were the colors? Yes, that's right. Red and yellow. Now you have orange paint in the middle. Where do you think it came from? Offer a different idea if his explanation is inaccurate.
- Do not correct his theory, but simply offer another view. Encourage any effort to figure out the cause of the mystery. Your child should feel comfortable exploring all possibilities that he thinks of.



**THURSDAY**

## **MY FAMILY**

- Put two pieces of poster board or construction paper on the wall within your child's reach.
- Label one poster "Mommy's Family" and the other "Daddy's Family," or use other titles as needed to represent two sides of your child's family.
- Put a photo of each parent next to the label and invite your child to put a picture of himself on each poster.
- Encourage family members to send photos to be added to the posters. When your child receives a photo, explain the family relationship before adding it to the correct poster: Aunt Marie is Daddy's little sister. Grandpapa was their Dad

**FRIDAY**

## **LEARN HOW TO MAKE HAND SHADOW PUPPETS**

Click on the link to learn how to make some fun Hand shadow puppets <https://family.gonoodle.com/activities/how-to-make-hand-shadow-puppets>