



**United  
Way**

**United Way of Acadiana**

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**LIVE BETTER. LIVE UNITED.**  
*at* **UWA EARLY HEAD START**

## LEARNING AT HOME

United Way of Acadiana Early Head Start believes that early childhood education is key to success in school and in life. Our partnership with families is the foundation for Early Head Start and during this critical time, parent-child interactions will be the cornerstone of learning at home. The coronavirus has impacted our education system and has altered our ability to educate in a traditional way. But, we believe the learning can continue. EHS has created an educational plan that provides parents with simple, yet effective ways to teach their child at home. We encourage you to do these activities with your child, dedicate time to learning and we want you to make it FUN!

### MONDAY

#### A BOOK ABOUT ME

- Help your child collect items that represent his favorite things. For example, you like peaches so much. Let's save the label from this basket of peaches.
- Encourage him to set aside special mementos. For example, these could include a leaf from his favorite climbing tree, one of his drawings, or a postcard he receives. Fasten together several sheets of construction paper to make a book. Add a title to the cover, such as A Book About Jon, or ask your child what he would like to call his book .
- Invite him to decorate the cover of the book. Let your child attach the mementos to each page using glue or tape. Talk about each page as he assembles it: This page reminds me that your grandma loves you and writes to you. And this shows how much you like to draw with your crayons

### TUESDAY

#### A HANDY TOOL

- Encourage your child to use everyday objects, such as paper cups, as tools that help him complete tasks independently.
- Make the items easily available to him so that he can think of various ways to use them. For example, she can use a paper cup as a bowl for her dolls, a scoop in the sandbox, a watering can for a potted plant, or a temporary home for a snail he finds.
- Offer positive feedback for his ideas: Using the cup to hold the snail is a good idea!

**WEDNESDAY**

### **CLEAN UP HELP**

Clean up is a perfect time to learn about sorting! Invite your child to help you sort the toys into two baskets based on a category. For example, point out the wheels on a toy car and ask your child to help you put all the toys with wheels into one basket and the rest of the toys in the second basket.



**THURSDAY**

### **FINGER PAINT FUN**

Draw a small, medium and large heart on a piece of paper then let your child trace the heart with paint. After it dries let your child add eyes and any other decorations to the hearts.



**FRIDAY**

### **SOAP CURLS**

- Use shampoo to create a thick lather in your child's hair.
- Hold a small hand mirror for him to see his new look. Shape the lather and let your child see himself in several new hair styles.
- Pull his hair up into a tall peak or form many small spikes on his head. Watch his response, and take your cue from him. If he laughs, say, "What funny, tall hair you have!"
- Add more hair shapes to the game, or try a soap beard and sideburns.